

BE THE



CHANGE

A LISTS & IDEAS JOURNAL
to Help You Shine Your Light for Jesus

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SHILOH  kidz

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BE THE CHANGE!

You may be young, but that doesn't mean you can't be a mighty big world-changer. You can start right now by doing what God's Word calls you to do—be a shining light! Point others to Jesus and what it means to be a Christian with your faith and loving actions and the way you live your life.

Let this journal help inspire you to spread hope, love, and joy all around you. Start by turning the page and taking the quiz to help you begin to understand how God might use you and your unique gifts. Then go out every day and *be the change* the world needs!



Let no one show little respect for you because you are young. Show other Christians how to live by your life. They should be able to follow you in the way you talk and in what you do. Show them how to live in faith and in love and in holy living.

1 TIMOTHY 4:12

Our bodies are made up of many parts.
None of these parts have the same use.
There are many people who belong to Christ.
And yet, we are one body which is Christ's.
We are all different but we depend on each other.
We all have different gifts that God
has given to us by His loving-favor.
We are to use them. If someone has the gift of
preaching the Good News, he should preach.
He should use the faith God has given him.
If someone has the gift of helping others,
then he should help.
If someone has the gift of teaching, he should teach.
If someone has the gift of speaking words of
comfort and help, he should speak.
If someone has the gift of sharing what
he has, he should give from a willing heart.
If someone has the gift of leading other
people, he should lead them.
If someone has the gift of showing kindness
to others, he should be happy as he does it.

ROMANS 12:4-8



DISCOVERING MY GIFTS QUIZ

* For each statement in the quiz, choose one of the following responses and write the number next to the statement.

1 Nope. Never.

2 Hardly ever.

3 Sorta, kinda, sometimes.

4 Yes, a lot.

5 Totally! All the time!

* Add up your numbers in each category and put the total next to the spiritual gift.

* Circle the top scores to find your strongest spiritual gifts. Then use them to *be the change!*



_____ (P) I see things very clearly as right or wrong.

_____ (S) I love to make and do things with my hands, and I'm good at it.

_____ (T) It makes me so happy to learn new things and read and study on my own.

_____ (E) Many people say I am happy, fun, and easy to talk to.

_____ (G) I like to create cool gifts to give to others.

_____ (L) I love meeting goals, getting projects done, and accomplishing new things.

_____ (M) I feel very sad and angry when bad things happen to people.

- _____ (P) I'm not afraid to speak openly and honestly with others, even about difficult things.
- _____ (S) Helping others makes me very happy.
- _____ (T) I think it's fun to teach people about things they didn't know before.
- _____ (E) I like to focus on the positives in life.
- _____ (G) I like to use my imagination and think up creative ways to give to people in need.
- _____ (L) I always want to win a game or competition. I want to be the best at everything I do.
- _____ (M) I don't enjoy playing in competitive sports.
- _____ (P) I like to follow rules, and I get frustrated when others break the rules.
- _____ (S) I am shy and easily embarrassed.
- _____ (T) I'm good at talking to others and sharing my thoughts and ideas clearly.
- _____ (E) It's easy for me to notice what people can do well, and I like to tell them.
- _____ (G) I do everything with great enthusiasm and joy.
- _____ (L) I have lots of confidence in front of other people.
- _____ (M) I like to look for the good in people rather than the bad.
- _____ (P) I love God's Word, and I sense God speaking to me and leading me in many different ways.
- _____ (S) I don't ever like to say no when people ask for my help.
- _____ (T) I don't mind doing things on my own. I like to be independent.
- _____ (E) I get along well with most people, and I enjoy listening and talking to them.
- _____ (G) Giving money or needed items to others makes me feel very happy.

_____ (L) I enjoy taking charge, telling people what to do, and organizing tasks when I'm working in a group.

_____ (M) I prefer peace and try hard to avoid conflict.

Total = _____ for (P) statements:

Prophecy/Perceiving – You are very sensitive to and good at listening to God, and you want to share His message with others.

Total = _____ for (S) statements:

Serving – You are practical, and you love to support good causes and help others in need, often behind the scenes.

Total = _____ for (T) statements:

Teaching – You are full of knowledge and great at constantly learning and teaching others what you have learned.

Total = _____ for (E) statements:

Encouraging – You are hopeful and great at encouraging others and helping them discover what's good for them.

Total = _____ for (G) statements:

Giving – You are generous and good at saving money and items and coming up with new ideas to help others who are in need.

Total = _____ for (L) statements:

Leadership – You are confident and responsible and able to see a goal and direct others toward achieving that goal.

Total = _____ for (M) statements:

Mercy – You are compassionate and easily feel the loving heart of God toward others.

Do your results on the “Discovering My Gifts” quiz seem like they match up with what you think about yourself and your abilities? Do they match up with what wise people have told you about yourself and your abilities? Why or why not?

God has given each of you a gift. Use it to help each other. This will show God's loving-favor.

1 PETER 4:10

When does your light shine brightest for Jesus? Describe a specific time you remember sharing God’s hope and love (and maybe you even did it without saying anything about God’s hope and love).

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Let your light shine. . . . Then [others] will see the good things you do and will honor your Father Who is in heaven.

MATTHEW 5:16

What is the difference between just working and working *for Jesus*?

A series of 20 horizontal dotted lines for writing.

We are His work. He has made us to belong to Christ Jesus
so we can work for Him. He planned that we should do this.

EPHESIANS 2:10

Think about your mom, dad, or other wise and trustworthy grown-ups in your life. How can they help teach and inspire you to be the change in the world around you?

Lined writing area with 20 horizontal dotted lines for student responses.

Remember your leaders who first spoke God's Word to you.
Think of how they lived, and trust God as they did.

HEBREWS 13:7

The closest place to be the change is in your own home. How does loving, respecting, and obeying your parents at home help you be the change in the world?

A series of horizontal dotted lines for writing.

Children, obey your parents in everything. The Lord is pleased when you do.

COLOSSIANS 3:20

What are your responsibilities around your home and with your family? When you do them well, how do you think that helps you be the change in the world?

Handwriting practice area consisting of 20 horizontal dotted lines.

*Anyone who does not take care of his family
and those in his house has turned away from the faith.*

1 TIMOTHY 5:8

Do you have siblings? Are they younger or older? Do you have good relationships with them now, or do you need to work on making good changes in your relationships with them?

Be sure your love is true love. Hate what is sinful. Hold on to whatever is good. Love each other as Christian brothers. Show respect for each other.

ROMANS 12:9-10

If you like this sampler, check out the full version on BarbourBooks.com [HERE](#).

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