

365

SECRETS *of*  
BEAUTY

## JANUARY 1

God thinks of us as a perfume that brings Christ to everyone. For people who are being saved, this perfume has a sweet smell and leads them to a better life.

**2 CORINTHIANS 2:15-16 CEV**



## JANUARY 2

Ask God to replace your human smell with  
His divine fragrance so that you will be a  
witness of His sweetness everywhere you go.



## JANUARY 3

God cares about every little thing that affects our lives—including those extra pounds that are hanging on for dear life! Ask Him to get involved in your quest for fitness and a healthy lifestyle.



JANUARY 4

Exercise so you can be a  
healthy vessel the Lord can use.



JANUARY 5

God wants to help you discover a better,  
healthier version of you!



JANUARY 6

No matter how plain a woman may be, if truth and loyalty  
are stamped upon her face, all will be attracted to her.

**ELEANOR ROOSEVELT**



JANUARY 7

Remind yourself daily that you can do all things through Christ who gives you strength, and then go forward and change the world. You have much to offer!



JANUARY 8

Thank you for making me so wonderfully complex!  
Your workmanship is marvelous—and how well I know it.

**PSALM 139:14 NLT**



## JANUARY 9

Even if you hate your freckles or you wish you were taller,  
God thinks you're perfect. He adores you,  
and He wants you to find out just how much.



## JANUARY 10

It's not what's on the outside that makes us worthy, lovely, and attractive. That kind of beauty is fleeting. It's that loyalty, truth, and love on the inside of us, spilling out onto others, that draws people to us.

