

365

Motivational  
Thoughts  
for Women



January 1

Today!  
I will forget my troubles  
and put on a smile.



January 2

Today!

I will do something uplifting  
for someone less fortunate.



January 3

Today!

I will direct my thoughts  
toward others, not myself.



January 4

Today!  
I will listen more than I talk.



January 5

Today!

I will refrain from criticizing others.



January 6

Today!  
I will take a break from  
the stresses of life.



January 7

Today!  
I will let someone know how  
much I love them.



January 8

Today!

I will do something fun with a child.



January 9

Today!  
I will give to a worthwhile charity.



January 10

**Today!**  
I will reconnect with an old friend.

